

# Quick Reference Guide

## to sign up for WW through Independent Health

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**Step 1** Go to <https://wellness.weightwatchers.com> and click the “*see discounted rates*” button

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**Step 2** Enter your **health plan** information:

- (a) Enter the ID for **Independent Health: 13200811**
- (b) Select the population type ‘Member’

Click the “*next step*” button

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**Step 3** Choose your subscription type

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**Step 4** Create your account  
Click the “*next step*” button

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**Step 5** (a) Enter your payment information  
(b) Click the “*next step*” button

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**Step 6** Review and submit your order to complete your registration

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