STEP THERAPY CRITERIA

This list is current as of 10/1/2026 and pertains to the following formularies:

2027 Independent Health's Medicare Advantage Enhanced Part D Formulary
2027 Independent Health's Medicare Advantage Employer Group's Part D Formulary

In some cases, we require that you first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Drug A and Drug B both treat your medical condition, we may not cover Drug B unless you try Drug A first. If Drug A does not work for you, we will then cover Drug B. This document contains the Step Therapy protocols that are associated with our Medicare Advantage Part D Formularies.

If you have any questions, please contact our Medicare Member Services Department at 1-800-665-1502 or, for TTY users 711, October 1st – March 31st: Monday through Sunday from 8 a.m. to 8 p.m., April 1st – September 30th: Monday through Friday from 8 a.m. to 8 p.m.

The formulary may change at any time. You will receive notice when necessary.

Aliskiren Step

Products Affected

- *aliskiren fumarate tablet 150 mg oral*
- *aliskiren fumarate tablet 300 mg oral*

Details

Criteria	Requires the use of an angiotensin-II receptor blocker (ARB) first.

10/1/2026

Aripiprazole ODT Step

Products Affected

- *aripiprazole tablet dispersible 10 mg oral*
- *aripiprazole tablet dispersible 15 mg oral*
- OPIPZA FILM 10 MG ORAL
- OPIPZA FILM 2 MG ORAL
- OPIPZA FILM 5 MG ORAL

Details

Criteria	Aripiprazole orally-disintegrating tablet (ODT) requires the use of aripiprazole oral solution first. Aripiprazole oral films require the use of aripiprazole ODT first.

10/1/2026

Dapagliflozin Step

Products Affected

- FARXIGA TABLET 10 MG ORAL
- FARXIGA TABLET 5 MG ORAL

Details

Criteria	Requires the use of generic dapagliflozin first.

10/1/2026

Dihydroergotamine Nasal Spray Step

Products Affected

- *dihydroergotamine mesylate solution 4 mg/ml nasal*

Details

Criteria	Requires the use of generic sumatriptan nasal spray first.

10/1/2026

Doxercalciferol Step

Products Affected

- *doxercalciferol capsule 0.5 mcg oral*
- *doxercalciferol capsule 1 mcg oral*
- *doxercalciferol capsule 2.5 mcg oral*

Details

Criteria	Requires the use of calcitriol first.

10/1/2026

Febuxostat Step

Products Affected

- *febuxostat tablet 40 mg oral*
- *febuxostat tablet 80 mg oral*

Details

Criteria	Requires the use of allopurinol first.

10/1/2026

Milnacipran Step

Products Affected

- *milnacipran hcl 12.5 & 25 & 50 mg oral*
- *milnacipran hcl tablet 100 mg oral*
- *milnacipran hcl tablet 12.5 mg oral*
- *milnacipran hcl tablet 25 mg oral*
- *milnacipran hcl tablet 50 mg oral*

Details

Criteria	Requires the use of generic duloxetine and pregabalin first.

10/1/2026

Sympazan Step

Products Affected

- SYMPAZAN FILM 10 MG ORAL
- SYMPAZAN FILM 20 MG ORAL
- SYMPAZAN FILM 5 MG ORAL

Details

Criteria	Requires the use of clobazam oral suspension first.

10/1/2026

Topiramate Oral Solution Step

Products Affected

- *topiramate solution 25 mg/ml oral*

Details

Criteria	Requires the use of generic topiramate sprinkle capsules first.

10/1/2026

Trelstar Step

Products Affected

- TRELSTAR MIXJECT SUSPENSION RECONSTITUTED 11.25 MG INTRAMUSCULAR
- TRELSTAR MIXJECT SUSPENSION RECONSTITUTED 22.5 MG INTRAMUSCULAR
- TRELSTAR MIXJECT SUSPENSION RECONSTITUTED 3.75 MG INTRAMUSCULAR

Details

Criteria	Requires the use of Lupron Depot first.

10/1/2026

Ustekinumab Step

Products Affected

- *ustekinumab solution 45 mg/0.5ml subcutaneous*
- *ustekinumab solution prefilled syringe 45 mg/0.5ml subcutaneous*
- *ustekinumab solution prefilled syringe 90 mg/ml subcutaneous*

Details

Criteria	Requires the use of Selarsdi or Starjemza first.

10/1/2026

Versacloz Step

Products Affected

- VERSACLOZ SUSPENSION 50 MG/ML ORAL

Details

Criteria	Requires the use of clozapine orally-disintegrating tablet first.

10/1/2026

10/1/2026

INDEX

aliskiren fumarate tablet 150 mg oral 1
aliskiren fumarate tablet 300 mg oral 1
aripiprazole tablet dispersible 10 mg oral 2
aripiprazole tablet dispersible 15 mg oral 2
dihydroergotamine mesylate solution 4 mg/ml nasal 4
doxercalciferol capsule 0.5 mcg oral 5
doxercalciferol capsule 1 mcg oral 5
doxercalciferol capsule 2.5 mcg oral 5
FARXIGA TABLET 10 MG ORAL 3
FARXIGA TABLET 5 MG ORAL 3
febuxostat tablet 40 mg oral 6
febuxostat tablet 80 mg oral 6
milnacipran hcl 12.5 & 25 & 50 mg oral 7
milnacipran hcl tablet 100 mg oral 7
milnacipran hcl tablet 12.5 mg oral 7
milnacipran hcl tablet 25 mg oral 7
milnacipran hcl tablet 50 mg oral 7
OPIPZA FILM 10 MG ORAL 2
OPIPZA FILM 2 MG ORAL 2
OPIPZA FILM 5 MG ORAL 2
SYMPAZAN FILM 10 MG ORAL 8
SYMPAZAN FILM 20 MG ORAL 8
SYMPAZAN FILM 5 MG ORAL 8
topiramate solution 25 mg/ml oral 9
TRELSTAR MIXJECT SUSPENSION RECONSTITUTED 11.25 MG INTRAMUSCULAR 10
TRELSTAR MIXJECT SUSPENSION RECONSTITUTED 22.5 MG INTRAMUSCULAR 10
TRELSTAR MIXJECT SUSPENSION RECONSTITUTED 3.75 MG INTRAMUSCULAR 10
ustekinumab solution 45 mg/0.5ml subcutaneous 11
ustekinumab solution prefilled syringe 45 mg/0.5ml subcutaneous 11
ustekinumab solution prefilled syringe 90 mg/ml subcutaneous 11
VERSACLOZ SUSPENSION 50 MG/ML ORAL . 12
XARELTO TABLET 10 MG ORAL 13
XARELTO TABLET 15 MG ORAL 13
XARELTO TABLET 20 MG ORAL 13