

\$0 Preventive Services

Staying up to date with your preventive care is key to maintaining and improving your health and well-being. Here is the list of the preventive services that are covered in-network at a \$0 copay with all of Independent Health's Medicare Advantage plans.

Covered in full (in-network only):

- Abdominal Aortic Aneurysm Screening
- Alcohol Misuse Screening and Behavioral Counseling Intervention
- Bone Density (Osteoporosis Screening)
- Breast Cancer Screening (Mammography)
- Cervical Cancer Screening (Pap Smear)
- Colorectal Cancer Screening, Lab, Pathology, Sigmoidoscopy and Colonoscopy Screening
- Depression Screening
- Diabetes Screening
- Diabetes Self Management Training
- Enhanced Annual Well Visit
- Glaucoma Screening
- Hepatitis C Infection Screening
- HIV Counseling
- HIV Screening
- HPV Screening
- Immunizations (Flu, Pneumonia, Hepatitis B)



- Intensive Behavioral Therapy (IBT) for Cardiovascular Disease
- Lipid Screening (Cardiovascular Screening)
- Lung Cancer Screening
- Medical Nutrition Therapy Services
- Obesity Screening
- Prostate Specific Antigen (PSA) Testing
- Sexually Transmitted Infections Counseling
- Smoking Cessation Counseling

To learn more call Member Services at (716) 250-4401 or 1-800-665-1502 (TTY: 711):

April 1 – September 30: Monday – Friday, 8 a.m. – 8 p.m.

October 1 – March 31: Monday – Sunday, 8 a.m. – 8 p.m.



Not all preventive services are medically appropriate every year. Independent Health uses the frequency guidelines adopted by CMS and the U.S. Preventive Services Task Force. Additional screenings would require a member to pay a copayment or coinsurance. These services are covered in full when rendered by an in-network/participating provider. There may be other services performed in conjunction with the above preventive care services. These other services will be subject to any applicable member liability per your contract.

Independent Health is a Medicare Advantage organization with a Medicare contract offering HMO, HMO-SNP, HMO-POS and PPO plans. Enrollment in Independent Health depends on contract renewal.

English: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-665-1502 (TTY: 711). Independent Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Spanish: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-665-1502 (TTY: 711).

Chinese: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-665-1502 (TTY: 711)。