

Account #: 22652

Sales Representative: Joel Marinaccio Plan Effective Date: January 1, 2026

Benefit Summary

Plan Name:	NYSHIP		
Benefits	In-Network	Additional Information	
General Information			
Deductible	\$0		
Coinsurance	Applies Where Indicated		
Out-of-Pocket Maximum	\$4,000 / \$8,000	Where the out of pocket max applies it accumulates as embedded. *See Important Notes section for more detail.	
Annual Maximum	Not Applicable		
Preventive Services			
Bone mineral density measurements or tests Cholesterol test (lipid panel) Colonoscopy Sigmoidoscopy Contraceptive Drugs, Devices and Counseling Immunizations Mammogram Pap smear Physical exam Prenatal visits Post-Partum visits Prostate test (Prostate Specific Antigen "PSA") Well-Child visit Well-Woman visit	\$0	All preventive services are covered in full with \$0 member liability when performed by a participating provider. See independenthealth.com for additional information.	
Physician and Other Services			
Primary Office Visit	Adult: \$10 copay / visit Child: \$0 copay / visit	PCP Required	
Specialist Office Visit	\$20 copay / visit		
Allergy Testing & Treatment	Adult: \$10/20 copay / visit Child: \$0/\$20 copay / visit		
Outpatient Surgical Procedures (in physician's office)	Adult: \$10/\$20 copay / visit Child: \$0/\$20 copay / visit		
Telemedicine - General Medical Services	\$0 copay / consultation	Administered by Teladoc	
Telemedicine - Behavioral Health Services	\$0 copay / consultation	Administered by Teladoc	
Telemedicine - Dermatology	\$20 copay / consultation	Administered by Teladoc	
Emergency & Urgent Care Services			
Emergency Room	\$100 copay / visit	Copay waived if admitted	
Ambulance	\$100 copay / trip	Must be deemed medically necessary	
Urgent Care Center	Adult: \$35 copay / visit Child: \$0 copay / visit		



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Hospital and Other Facility Services			
Inpatient Hospital	\$0 copay / admission	Semi-private room, per admission	
Inpatient Hospital: Physician/Surgeon Fees	\$0 copay / visit		
Inpatient Hospice	\$0 copay / admission		
Outpatient Surgical Procedures (Hospital Facility)	\$100 copay / visit		
Outpatient Surgical Procedures (Ambulatory Surgery Center)	\$100 copay / visit		
Outpatient Surgical Procedures: Physician/Surgeon Fees	\$0 copay / visit		
Skilled Nursing Facility	\$0 copay / admission	Semi-private room, per admission Up to 45 days per contract year	
Diagnostic Testing Services			
Laboratory Testing	\$0 copay / visit		
EKG	Adult: \$10/\$20 copay / visit Child: \$0/\$20 copay / visit		
Routine Radiology	Office: Adult: \$20 copay / visit Child: \$0/\$20 copay / visit Hospital: \$40 copay / visit		
Advanced Radiology	Office: \$20 copay / visit Hospital: \$40 copay / visit	Radiology services, other than X-rays, including but not limited to MRI, MRA, CT Scans, myocardial perfusion imaging and PET Scans.	
Maternity Services			
Physician Services: Prenatal and Postnatal Care	\$0 copay / visit	No charge after the initial diagnosis. Provided in accordance with USPSTF and HRSA guidelines	
Inpatient Maternity	Delivery: \$0 copay / admission Physician: \$0 copay / procedure	Semi-private room, per admission	
Mental Health & Substance Abuse			
Inpatient Mental Health	\$0 copay / admission	Semi-private room, per admission	
Outpatient Mental Health	Adult: \$10 copay / visit Child: \$0 copay / visit		
Inpatient Substance Abuse - Rehab	\$0 copay / admission	Semi-private room, per admission	
Inpatient Substance Abuse - Detox	\$0 copay / admission	Semi-private room, per admission	
Outpatient Substance Abuse	Adult: \$10 copay / visit Child: \$0 copay / visit		



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Diabetic Supplies and Services			
Diabetic Equipment (e.g. Blood glucose monitor, etc.)	\$0 copay		
Insulin and Other Oral Agents	\$0 copay	Oral Agents at applicable cost share	
Diabetic Medical Supplies (Test Strips, Syringes, etc.)	\$0 copay		
Rehabilitation Services			
Chiropractic Services	\$20 copay / visit		
Physical - Occupational - Speech Therapies	\$20 copay / visit	Up to 20 visits per contract year combined	
Cardiac Rehabilitation	\$20 copay / visit		
Pulmonary Rehabilitation	\$20 copay / visit		
Additional Services			
Durable Medical Equipment	50% coinsurance		
Prosthetics and Appliances	20% coinsurance		
Chemotherapy	Adult: \$10/\$20 copay / visit Child: \$0/\$20 copay / visit		
Home Health Care	\$20 copay / visit	Up to 40 visits per contract year	
RedShirt Rewards	Earn up to \$30 in rewards for covered members ages 18 and up per plan year for completing health related actions.		
Unique Benefits	\$600 Single / \$750 Family	To be used to pay for eligible health & wellness activities at participating Health Extras vendors	
Prescription Drug Coverage			
Prescription Plan	\$5/\$30/\$60 with \$0 for kids Tier 1 With Expanded Preventive Rx	Must be filled at a participating Pharmacy. This plan utilizes Prescription Drug Formulary I. Cost-share, if applicable, does not apply to certain drugs. Visit our website to review our formulary.	
Maintenance Medications	2.5 copays for a 3 month supply	Mail Order: Must be obtained from ProAct or Wegmans. Retail Pharmacy: Must be filled at a participating Pharmacy.	
Medicare Part D Creditable Coverage Status	Creditable*	For those who are Medicare eligible, this plan meets the standard level of prescription drug coverage determined by Medicare.	



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Vision Services			
Medical Eye Exam	\$20 copay / visit		
Routine/ Refractive Exam	\$0 copay / visit	Once every 12 months	
Standard Plastic Lenses	Single: \$50 Bifocal: \$70	Contact EyeMed for additional options at 1-877-842-3348	
Frames	40% discount	Discount is based on retail pricing	
Conventional Contact Lenses	15% discount	Materials only	
Laser Vision Correction	15% discount	Discount is based on standard pricing	
Dental Services			
Preventive and Routine	Not Covered		
Accidental Dental	Based on services rendered	Must be deemed medically necessary	
Dependent Coverage			
Dependent Eligibility	26	Up to the end of the birthday month	
Important Notes			

Important Notes

Deductible is determined as of the date(s) claims are processed by Independent Health, not the date services were rendered.

Embedded: On a single policy, the single deductible/out-of-pocket max must be met before Independent Health provides reimbursement for covered in-network or out-of-network services. On a family policy, once a family member meets the single deductible/out-of-pocket max, the deductible/out-of-pocket max is satisfied for that member. However, additional family members must satisfy the remainder of the family deductible/out-of-pocket max before Independent Health provides reimbursement for covered in-network or out-of-network services.

Non-Embedded (True Family): On a single policy, the single deductible/out-of-pocket max must be met before Independent Health provides reimbursement for covered in-network or out-of-network services. On a family policy, the entire family deductible/out-of-pocket max must be met before Independent Health provides reimbursement for covered in-network or out-of-network services. An individual on a family policy will NOT stop at the single deductible/out-of-pocket max.

Out-of-Network (if applicable): Member is responsible for the difference between Independent Health's allowed amount and the non-participating provider's billed amount.

Member Pre-Authorization: Certain services and benefits are subject to member pre-authorization. Member is responsible for contacting Independent Health for pre-authorization.

Child (if applicable): Cost-share applies if member is under the age of 19.

This benefit summary is designed to highlight the benefits of the plan and DOES NOT detail all benefits, limitations, and exclusions. It is not a contract and may be subject to change. For more detailed information, consult your Contract, attached Riders (if any), or Certificate of Coverage.

All indicated benefits assume the member has appropriate authorization to receive services.

Certain benefits stated in this benefit summary may be pending NYS approval.

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