# INDEPENDENT HEALTH PREVENTIVE DRUG LIST

Controlling costs is important to all of us. To help manage your pharmacy costs, Independent Health has developed a list of preventive drug medications for chronic conditions which are at no cost to you. This means members can receive these important medications from day one of their plan year and no longer have to pay either the full cost of the prescription while still in the deductible phase of their coverage or the applicable tier copay.

While this benefit applies to most plans, you should check your summary of benefits for your specific plan details. You can do so by logging in to your member account using our mobile app, MyIH, or through our website at independenthealth.com

Please note that this is not a complete listing and that the covered preventive drugs can change throughout the year. Certain examples of medications are listed below in each category.

# INDEPENDENT HEALTH PREVENTIVE DRUG EXAMPLES

#### Antidepressants

- ESCITALOPRAM\*
- FLUOXETINE\*
- PAROXETINE\*
- SERTRALINE\*

#### Anti-Infective

• EMTRICITABINE/ **TENOFOVIR** 

#### Blood Pressure, Heart Disease

- ATENOLOL\*
- ENALAPRIL\*
- LISINOPRIL\*
- LOSARTAN\*
- METOPROLOL\*
- QUINAPRIL\*

#### Cancer

- ANASTROZOLE
- EXEMASTANE
- RALOXIFENE
- TAMOXIFEN

### Cholesterol

- ATORVASTATIN
- LOVASTATIN
- PRAVASTATIN
- ROSUVASTATIN

### Contraceptives

- GENERIC ORAL CONTRACEPTIVES
- GENERIC CONTRACEPTIVE PATCHES

### Diabetes

- ACARBOSE\*
- GLIPIZIDE\*
- METFORMIN
- PIOGLITIZONE\*

#### Osteoporosis

- ALENDRONATE\*
- RISENDRONATE\*

Log in to your MyIH account to look up additional information on a particular drug using our Compare Rx Costs tool. You can also check your plan's current drug formulary for a complete listing of qualifying \$0 preventive drugs (indicated with a "PV" in the formulary) by visiting independenthealth.com/formulary. For further assistance, call Independent Health's Member Services at (716) 631-8701 or 1-800-501-3439 (TTY: 711), Monday – Friday, 8 a.m. – 8 p.m.

## You Deserve the RedShirt Treatment<sup>®</sup>



Respiratory • FLUTICASONE

- NICOTINE
- LOZENGES
- NICOTINE PATCHES
- NICOTROL
- VARENICLINE

(HFA and Diskus)\* **Smoking Cessation** NICOTINE GUM

\* These medications are \$0 on Non-Standard plans only