

# Chat With a RedShirt® on MyIH

When you download Independent Health's **MyIH app**, the personalized information and answers you need about your health plan are **just a chat or tap away!**

## RedShirt® Chat Support

- Chat one-on-one with a LIVE RedShirt — *not a chatbot!*
  - » Access with ease Monday – Friday, 8 a.m. – 7:45 p.m.

## It's All at Your Fingertips

- View claims, plan documents, health tools and rewards
- Track your deductible\* and your balance to always know where you stand
- Manage communication preferences
- View and redeem your RedShirt Rewards\*\*
- Search for a doctor, pharmacy or provider and manage your doctors
- Manage your personal action plan
- View and share your member ID card through text message, email and more
- Review your benefits and what's covered on your plan
- Keep tabs on your Nutrition Rewards and your Health Extras<sup>SM</sup> benefit\*\*



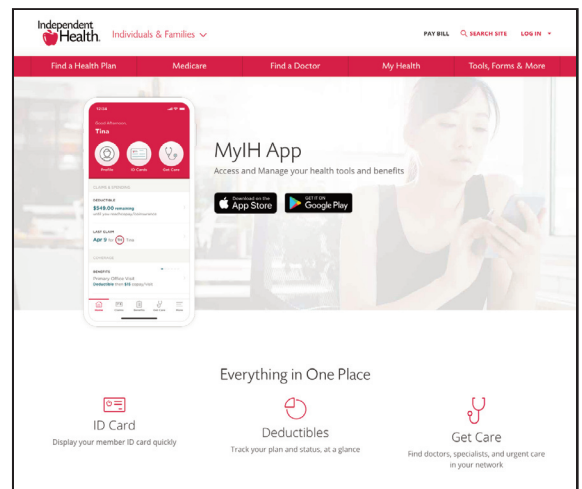
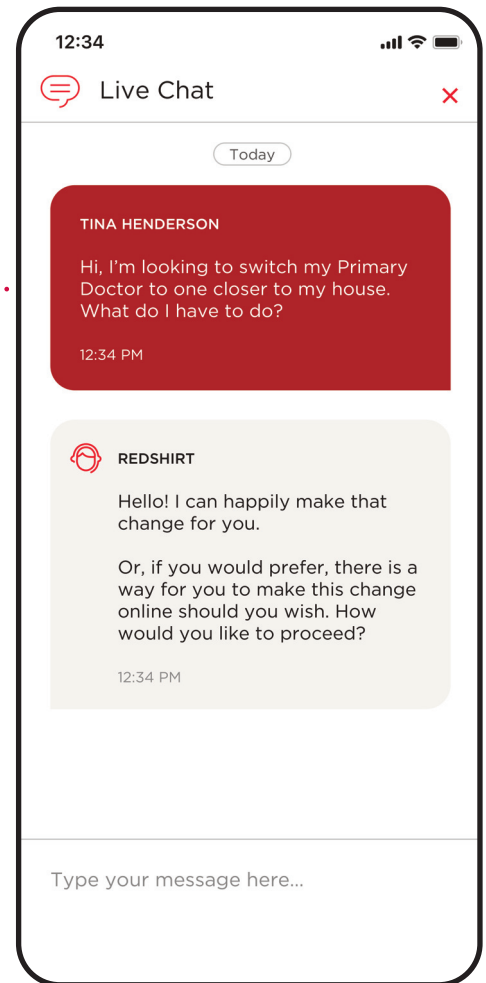
Download the **FREE MyIH app**:



[independenthealth.com/MyIH](https://independenthealth.com/MyIH)



**You Deserve the RedShirt Treatment®**



\* The tracker applies to your in-network deductible and reflects claims that have been submitted by your provider(s) and processed by Independent Health. Dependent claims information is tracked and reflected in the dollar amounts displayed through your deductible tracker.

\*\* Benefits vary by plan.

©2024 Independent Health Association, Inc. IH34506