

### WELCOME TO INDEPENDENT HEALTH!

Being a member of Independent Health has many advantages — from the comprehensive coverage your plan provides, to a wide variety of tools, benefits and services you can use to help you get and stay healthy.

## WHAT YOU NEED TO KNOW ABOUT YOUR PLAN

Independent Health's Passport Plan® National is perfect for people who are employed by a WNY employer but who live, work or travel **outside the eight counties of WNY**. Depending on your plan, you may or may not have a deductible. This plan gives you the flexibility to **access care at the right place and time through our enhanced national network with UnitedHealthcare.** You get the convenience of copays or coinsurance on frequently-used services - all backed by a dedicated team of RedShirts<sup>SM</sup>.

The UnitedHealthcare network provides peace of mind and out-of-area access to a comprehensive national network of providers outside Independent Health's network, which is made up of the eight core counties of WNY, plus 15 surrounding counties in regional/central New York and along the Pennsylvania border. Find a participating provider\* at **independenthealth.com/findadoctor** - where you can also click the UnitedHealthcare network link.

## **UNIQUE BENEFITS**

Your plan comes with a wellness benefit to help you live a healthier lifestyle.



## Independent Health's \$250 Health Extras™ Prepaid Visa® Card

Use this debit card toward fitness club memberships, massages and other health and wellness services. View the current list of vendors at independenthealth.com/healthextras.



INDEPENDENT HEALTH'S

# RedShirt Rewards

**Earn up to \$30 in gift card rewards**<sup>†</sup> of your choice just for completing healthy actions!

Learn more at independenthealth.com/redshirtrewards

Your plan also comes with a wide range of unique health benefits and resources, including:



**FREE PREVENTIVE CARE** 



LOW OR NO COPAY PREVENTIVE DRUGS



**VISION DISCOUNTS** 



**DENTAL DISCOUNTS** 



**WELLNESS DISCOUNTS** 



**TELEMEDICINE** 



24-HOUR MEDICAL HELP LINE



**COMPARE MEDICAL & RX COSTS TOOL** 

### **CREATE AN ACCOUNT**

The MyIH app provides an easy way to view plan information and access tools, including a Health Dashboard to view and track personal health recommendations, review claims, find a doctor and more.

Download the MyIH app or visit independenthealth.com/register.

# Our RedShirts<sup>™</sup> are here to help.

### **Current Members**

(716) 631-8701 or 1-800-501-3439 **Chat LIVE** with a RedShirt® through the MyIH app, Mon. – Fri., 8 a.m. – 7:45 p.m. **Prospective Members** 

(716) 631-5392 or 1-800-453-1910

independenthealth.com

You Deserve the RedShirt Treatment.



<sup>\*</sup> Provider must participate in the Independent Health Benefits Corporation network or the UnitedHealthcare network.

<sup>†</sup> Rewards issued when Independent Health receives notification of a claim for each service, which may take up to 90 days for a provider to submit the claim(s). \$30.00 limit per eligible member per plan year. Benefits vary by plan. Verbal translation, alternate formats of written materials, and/or assistance for those with special needs, may be available upon request. Traducción verbal, formatos alternativos de materiales escritos y/o asistencia para quienes tienen necesidades especiales, disponibles a solicitud.