



INDEPENDENT HEALTH'S

# Passport Plan<sup>®</sup> Local

## WELCOME TO INDEPENDENT HEALTH!

Being a member of Independent Health has many advantages — from the comprehensive coverage your plan provides, to a wide variety of tools, benefits and services you can use to help you get and stay healthy.

## WHAT YOU NEED TO KNOW ABOUT YOUR PLAN

Independent Health's Passport Plan<sup>®</sup> Local offers you **the freedom to access care locally or nationally from any physician, provider or hospital within our local network or our national network through UnitedHealthcare - all for the same low copay/coinsurance** (deductible may apply based on plan selection). Get access to the care you need right from your home in Western New York or while working or traveling throughout the country.

The UnitedHealthcare network provides peace of mind and out-of-area access to a comprehensive national network of providers outside Independent Health's network, which is made up of the eight core counties of WNY, plus 15 surrounding counties in regional/central New York and along the Pennsylvania border. Find a participating provider\* at [independenthealth.com/findadoctor](https://independenthealth.com/findadoctor) - where you can also click the UnitedHealthcare network link.

## UNIQUE BENEFITS

Your plan comes with a choice between two wellness benefits to help you live a healthier lifestyle. When logging in or creating an online account, you'll be prompted to select one of the following:



### Independent Health's Nutrition Benefit

Get rewarded for healthy food choices! Earn up to \$1,000\*\* back when you buy fresh produce at TOPS Friendly Markets. Learn more at [independenthealth.com/nutrition](https://independenthealth.com/nutrition).



### Independent Health's \$250 Health Extras<sup>SM</sup> Prepaid Visa<sup>®</sup> Card

Use this debit card toward fitness club memberships, massages and other health and wellness services. View the current list of vendors at [independenthealth.com/healthextras](https://independenthealth.com/healthextras).

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**RedShirt Rewards**<sup>SM</sup>

**Earn up to \$30 in gift card rewards<sup>†</sup>** of your choice just for completing healthy actions!

Learn more at [independenthealth.com/redshirtrewards](https://independenthealth.com/redshirtrewards)

Your plan also comes with a wide range of unique health benefits and resources, including:



**FREE PREVENTIVE CARE**



**WELLNESS DISCOUNTS**



**LOW OR NO COPAY PREVENTIVE DRUGS**



**TELEMEDICINE**



**VISION DISCOUNTS**



**24-HOUR MEDICAL HELP LINE**



**DENTAL DISCOUNTS**



**COMPARE MEDICAL & RX COSTS TOOL**

## CREATE AN ACCOUNT

The MyIH app provides an easy way to view plan information and access tools, including a Health Dashboard to view and track personal health recommendations, review claims, find a doctor and more.

**Download the MyIH app** or visit [independenthealth.com/register](https://independenthealth.com/register).

**Our RedShirts<sup>SM</sup> are here to help.**

### Current Members

(716) 631-8701 or 1-800-501-3439

Chat LIVE with a RedShirt<sup>®</sup> through the MyIH app, Mon. – Fri., 8 a.m. – 7:45 p.m.

[independenthealth.com](https://independenthealth.com)

### Prospective Members

(716) 631-5392 or

1-800-453-1910

**You Deserve the RedShirt Treatment.<sup>®</sup>**



\* Provider must participate in the Independent Health Benefits Corporation network or the UnitedHealthcare network.

\*\* Money back is in the form of store credit for future purchases.

† Rewards issued when Independent Health receives notification of a claim for each service, which may take up to 90 days for a provider to submit the claim(s). \$30.00 limit per eligible member per plan year.

Benefits vary by plan. Verbal translation, alternate formats of written materials, and/or assistance for those with special needs, may be available upon request. Traducción verbal, formatos alternativos de materiales escritos y/o asistencia para quienes tienen necesidades especiales, disponibles a solicitud.