

Health ExtrasSM Card Request Form

If your plan includes Health Extras, it is important for you to log in to your online member account upon enrollment to complete the registration process. If applicable, an online registration screen will automatically guide you through the process to ensure you receive your Health Extras prepaid debit card.

If the online registration process doesn't automatically begin, you need to request a Health Extras card by completing and returning this request form.

Once this form is received by Independent Health, a prepaid debit card will be issued to you by mail. Upon receipt of your card, you can immediately begin using it at hundreds of registered wellness vendors offering services associated with your Health Extras benefit. For the most up-to-date list of vendors and locations, visit independenthealth.com/healthextraslist.

This form may also be used to request a replacement Health Extras card. If you have any questions, please feel free to call Member Services at (716) 631-8701 or 1-800-501-3439, Monday – Friday, 8 a.m. – 8 p.m.

Health Extras Card Request Form

Please complete the information below where indicated:

Subscriber Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

ID Number (refer to member ID card): _____

Upon completion of this form, please mail to:

Independent Health
Attn: FSA Administration
P.O. Box 9066
Buffalo, NY 14231

Once we receive your request form, your Health Extras card(s) will be issued within 7–10 business days.